

## **Stingrays Swim Team Meet Our Coaches**

### **Coach Michelle Navarro**

I am so excited to become a part of the Summerfield North Swim Team! I was born and raised here in Raleigh, attended college in DC to study Elementary Education, and now currently work at Envision Science Academy as a lead second grade teacher.

Swimming has always been an integral part of my life. From Kindergarten through 12<sup>th</sup> grade I swam for my own neighborhood swim team, New Wave Swim Team, and Millbrook's Varsity Swim Team. I finished off my competitive career after swimming 4 years for Catholic University of America's Varsity Swim Team!

Greater Raleigh summer league swimming has always been a positive part of my life, and has filled my summers with snack bar candy, fun cheers, lasting friendships, and a great love for the sport of swimming. After graduating, I continued my involvement with summer league swimming by head coaching for the past 4 summers. Coaching is just one way to give back to TSA, something that has given me so much over the years.

I am thrilled to become a part of the Summerfield North Swim Team, and I am so excited for what the upcoming season will bring! Please feel free to email with any questions or concerns you may have before or during the summer season.

Go Stingrays!  
Michelle Navarro  
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### **Coach Claire Cassidy**

I grew up in Northern New Jersey and moved to Raleigh, North Carolina about 6 years ago, my sophomore year of high school. I have been swimming for 10 years and swam for New Wave Swim team when I was swimming in high school.

I am currently attending school at Marymount University in Arlington, Virginia and I plan on majoring in Information Technology. I swim for the Marymount University Women's Swim team. I was Assistant Coach for the Stingrays last year (2016) and look forward to coaching the kids to more victories this year!